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(gassho)

• Būsho Kabira Jōdo Makada
Sēppo Harana Nyūmetsu Kuchira
Nyōrai ōryoki Ga kon toku futen
Gān gu īssai shu Tō sanrin kujaku
[*Nyan ni sanpo, Ansu inshi,*
Nyan pin son shu nyan]

- Shin jin pa shin Birūsha no fu
- Enmon hōshin Rushā no fu
- Sēn pa i kashin Shakyāmuni fu
- Tōrai a san Mirūson bu

(servir)

- Jiho san shi ishi fu
- Daī jin Myōha ringakin
- Daī shin Bunjusuri busa
- Daī jin Fuen busa
- Daī hi kanshin busa
- Shi son busa mokosa
- Moko hōja horomi.

(Desayuno)

- [*Shu yū ji ri, Nyo i an jin*
Kohō bu hen, Kyū kin jō rā]
(Almuerzo)
- [*Sante rumi, Shi fu gi sun*
Hokai yūjin, Fu zun kyunnyo]

(mudra)

- Hitotsu ni wa ko no tasho o
hakari, ka no rai sho wo hakaru

Futatsu ni wa onorega toku gyō
no, zen kētto wo hakatte kuni ō zu.
Mitsu ni wa shin o fusegui toga
o hana ru ru wa,
tōnto o shū to su.
Yotsu ni wa masa ni ryōyaku
o koto to suru wa,
gyōko o ryō zen ga tamenari.
Itsutsu ni wa jōdo no tame
no yue ni, ima kono jiki o uku.

(gassho)

[*Jiten ki jin shu, Go kin suji ky*
Suji hen ji ho, Ishi ki jin kyu.]

(levantar el cuenco)

Jōbun sānbo Chubun shion
Gekyū roku dō, Kai dō kuyō
Īkku i dan īssai a ku
Niku i shu īssai zen
Sān ku i do sho shu jo
Kai gu jō butsu dō

(comer)**(gassho)**

Ga shi sen pāsui,
Nyo ten kanro mi
Se yo kijin shu,
Shiryo toku bo man
On mākurāsai so wa ka.
• [*Shi shi kai jiki kun,*
Jiren ka fu ja shi
Shin shin jin cho i hi,
Ki shu rin bu jo son]

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(de pié)

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